(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response	0.5							

longer subject to Section 16. Form 4 or Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Kitayama Mitchell W					2. Issuer Name and Ticker or Trading Symbol Apollo Medical Holdings, Inc. [AMEH]							_X_ I	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)X Director 10% Owner					
2120 MC		3. Date of Earliest Transaction (Month/Day/Year) 10/11/2019							c	fficer (give ti	tle below)	Other	specify below)					
(Street) UPLAND, CA 91784					4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ For	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(Cir		Table I - Non-Derivative Securities Acquir							Acquired, D	rired, Disposed of, or Beneficially Owned								
(Instr. 3)		2. Transaction Date (Month/Day/Y	ear) Ex			f Co	Transaction ode nstr. 8)	(A	4. Securities Acquire (A) or Disposed of (Instr. 3, 4 and 5)		Owned Following Transaction(s)		curities Beneficially g Reported		Ownership form:	Beneficial		
				(M	lonth/	/Day/Year	7)	Code	V A	mount	(A) or (D) P	(Instr. 3 and 4)			or (I)	Indirect (Ownership Instr. 4)	
Reminder:	Report on a s	separate line for each	n class of securities b	II - Der	rivati	ve Securi	ties	Po th co Acquired	ersons nis forn urrently	n are r y valid sed of,	not require I OMB con	ed to respo strol numb ally Owned	ond unles er.		ı contained i displays a	n SEC 14	474 (9-02)	
Security	Conversion	e (Month/Day/Year)	Execution Date, if	4. 5. N Transaction of I Code Sec (Instr. 8) Acc or I of (5. Numb of Deriva Securitie Acquired or Dispo- of (D)	Number f Derivative ecurities cquired (A) r Disposed f (D) nstr. 3, 4,		6. Date Exercisable Date (Month/Day/Year			í	d 4) Amount	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Form of Derivative Security: Direct (D) or Indirect	(Instr. 4)	
				Code	V	(A)	(D)	Date Exercisa	ble	Expir	ration Date	Title	or Number of Shares					
Stock Options	\$ 15.35	10/11/2019		A		11,000		01/11/2	2020(1)	10/1	1/2024(1)	Commor Stock	11,000	\$ 0	18,500	D		

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Kitayama Mitchell W 2120 MORNINGSIDE AVENUE UPLAND, CA 91784	X						

Signatures

/s/ by Omar Dabuni as attorney-in-fact for Mitchell W. Kitayama	11/20/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Issuer granted these options to Reporting Person in consideration for his service as a director of the Issuer. Such stock options vest in 4 installments on January 11, 2020; April 11, 2020; July 11, 2020; and October 11, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.