## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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|  | Check this box to indicate that a<br>transaction was made pursuant to a<br>contract, instruction or written plan for the<br>purchase or sale of equity securities of the<br>issuer that is intended to satisfy the<br>affirmative defense conditions of Rule<br>10b5-1(c). See Instruction 10. |
|--|--|
|--|--|

| 1. Name and Address<br>Kitayama Mite | of Reporting Person* |          | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br>Astrana Health, Inc. [ ASTH ] | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)                          |   |                                       |  |  |  |
|--------------------------------------|----------------------|----------|---|---|---|---------------------------------------|--|--|--|
| (Last)                               | (First)              | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year)<br>09/10/2024                      | X   | Director<br>Officer (give title<br>below) | 10% Owner<br>Other (specify<br>below) |  |  |  |
| 1668 S. GARFIELD AVE<br>2ND FLOOR    |                      |          | 4. If Amendment, Date of Original Filed (Month/Day/Year)                            | 6. Individual or Joint/Group Filing (Check Applicable Line)<br>X Form filed by One Reporting Person |   |                                       |  |  |  |
| (Street)                             |                      |          |   |   | Form filed by More than                   | One Reporting Person                  |  |  |  |
| ALHAMBRA                             | CA                   | 91801    |   |   |   |                                       |  |  |  |
| (City)                               | (State)              | (Zip)    | untive Securities Acquired Dispaced of an Benefisia                                 |   |   |                                       |  |  |  |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | <br>3.<br>Transac<br>Code (Ir<br>8) |   | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and 5) |               |         | Securities<br>Beneficially Owned<br>Following Reported | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | Beneficial<br>Ownership |
|---------------------------------|--|-------------------------------------|---|--|---------------|---------|--|---|-------------------------|
|                                 |  | Code                                | v | Amount   | (A) or<br>(D) | Price   | Transaction(s)<br>(Instr. 3 and 4)                     |   | (Instr. 4)              |
| Common Stock                    | 09/10/2024                                 | М                                   |   | 11,000   | Α             | \$15.35 | 21,314   | D   |                         |
| Common Stock                    | 09/10/2024                                 | F                                   |   | 3,522  | D             | \$47.93 | 17,792(2)  | D   |                         |

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr.<br>3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) |   | Derivative |        | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security (Instr.<br>3 and 4) |                                     | Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |
|---|---|--|---|---|---|------------|--------|--|--------------------|--|-------------------------------------|--------------------------------------|--|--|---------------------------------------|
|   |   |  |   | Code                                    | v | (A)        | (D)    | Date<br>Exercisable  | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of Shares |                                      | Transaction(s)<br>(Instr. 4)   |  |                                       |
| Stock Option<br>(right to buy)                      | \$15.35   | 09/10/2024                                 |   | М                                       |   |            | 11,000 | (1)  | 10/11/2024         | Common<br>Stock  | 11,000                              | \$0                                  | 0  | D  |                                       |

Explanation of Responses:

1. These stock options were fully vested and exercisable.

2. Includes 6,750 shares of restricted stock, which will vest on December 9, 2024, and 3,564 shares of restricted stock, which will vest on the earlier of August 13, 2025 or the date of the Issuer's 2025 annual meeting of stockholders.

/s/ John Vong, as Attorney-in-Fact 09/11/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.