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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

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SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the  
Securities Exchange Act of 1934

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Filed by the Registrant

Filed by a Party other than the Registrant

Check the appropriate box:

- Preliminary Proxy Statement
- Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))**
- Definitive Proxy Statement
- Definitive Additional Materials
- Soliciting Material Pursuant to §240.14a-12

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**Astrana Health, Inc.**

(Name of Registrant as Specified in Its Charter)

(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of Filing Fee (Check all boxes that apply):

- No fee required.
  - Fee paid previously with preliminary materials.
  - Fee computed on table in exhibit required by Item 25(b) per Exchange Act Rules 14a-6(i)(1) and 0-11.
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# Your **Vote** Counts!

**ASTRANA HEALTH, INC.**

2026 Annual Meeting

Vote by June 9, 2026

11:59 PM ET



ASTRANA HEALTH, INC.  
1668 S. GARFIELD AVENUE  
2ND FLOOR  
ALHAMBRA, CA 91801

V91558-P50559

## You invested in ASTRANA HEALTH, INC. and it's time to vote!

You have the right to vote on proposals being presented at the Annual Meeting. **This is an important notice regarding the availability of proxy materials for the stockholder meeting to be held on June 10, 2026.**

## Get informed before you vote

View the Notice of Annual Meeting, Proxy Statement, and Annual Report online OR you can receive a free paper or email copy of the material(s) by requesting prior to May 27, 2026. If you would like to request a copy of the material(s) for this and/or future stockholder meetings, you may (1) visit [www.ProxyVote.com](http://www.ProxyVote.com), (2) call 1-800-579-1639 or (3) send an email to [sendmaterial@proxyvote.com](mailto:sendmaterial@proxyvote.com). If sending an email, please include your control number (indicated below) in the subject line. Unless requested, you will not otherwise receive a paper or email copy.



For complete information and to vote, visit [www.ProxyVote.com](http://www.ProxyVote.com)

Control #

### Smartphone users

Point your camera here and  
vote without entering a  
control number



### Vote in Person at the Meeting\*

June 10, 2026  
10:00 AM PT

1668 S. Garfield Avenue  
3rd Floor Conference Room  
Alhambra, CA 91801

\*Please check the meeting materials for any special requirements for meeting attendance. At the meeting, you will need to request a ballot to vote these shares.

### THIS IS NOT A VOTABLE BALLOT

This is an overview of the proposals being presented at the upcoming stockholder meeting. Please follow the instructions on the reverse side to vote these important matters.

Voting Items	Board Recommendations										
<p>1. To elect nine directors to the Board of Directors, each to hold office until the 2027 annual meeting of stockholders of the Company.</p> <p><b>Nominees:</b></p> <table border="0"><tr><td>01) Kenneth Sim, M.D.</td><td>06) J. Lorraine Estradas, R.N., B.S.N., M.P.H.</td></tr><tr><td>02) Thomas S. Lam, M.D., M.P.H.</td><td>07) Mitchell W. Kitayama</td></tr><tr><td>03) John Chiang</td><td>08) Matthew Mazdyasni</td></tr><tr><td>04) Weili Dai</td><td>09) David G. Schmidt</td></tr><tr><td>05) Linda Dong</td><td></td></tr></table>	01) Kenneth Sim, M.D.	06) J. Lorraine Estradas, R.N., B.S.N., M.P.H.	02) Thomas S. Lam, M.D., M.P.H.	07) Mitchell W. Kitayama	03) John Chiang	08) Matthew Mazdyasni	04) Weili Dai	09) David G. Schmidt	05) Linda Dong		✔ For
01) Kenneth Sim, M.D.	06) J. Lorraine Estradas, R.N., B.S.N., M.P.H.										
02) Thomas S. Lam, M.D., M.P.H.	07) Mitchell W. Kitayama										
03) John Chiang	08) Matthew Mazdyasni										
04) Weili Dai	09) David G. Schmidt										
05) Linda Dong											
<p>2. To ratify the appointment of Ernst &amp; Young LLP as the Company's independent registered public accounting firm for the fiscal year ending December 31, 2026.</p>	✔ For										
<p>3. To approve, on a non-binding advisory basis, the compensation program for the Company's named executive officers as disclosed in the Company's proxy statement.</p>	✔ For										
<p>4. To approve the Astrana Health, Inc. Amended and Restated 2024 Equity Incentive Plan.</p>	✔ For										

**NOTE:** In their discretion, the proxies are authorized to vote on any such other business that may properly be presented before the annual meeting or at any adjournment or postponement thereof.

Prefer to receive an email instead? While voting on [www.ProxyVote.com](http://www.ProxyVote.com), be sure to click "Delivery Settings".